

CAPM Resources when Talking with Children

Use the book “My Body Belongs to Me” by Jill Starishevsky - <http://www.mybodybelongstome.com> and animated video: <https://www.youtube.com/watch?v=a-5mdt9YN6I>

Tips for talking about what is in the news:

<https://www.d2l.org/wp-content/uploads/2017/01/Talking-to-Kids-About-Event-in-the-News.pdf>

Tips for talking about body safety:

<https://www.d2l.org/wp-content/uploads/2017/01/Talking-to-Kids-About-Body-Safety-10.19.15.pdf>

Tips for talking to children about sexual abuse: <https://www.d2l.org/education/5-steps/step-3/> and PCAK tip sheets:

<https://shop.pcaaky.org/collections/tip-sheets>

Tips for talking with children about digital safety: <https://www.netsmartz.org/internetsafety> and PCAK Internet Safety toolkit:

<https://pcaaky.org/digital-downloads>

Tips for talking to kids about bullying:

<http://preventchildabuse.org/resource/parenting-tip-talking-about-bullying/>

<https://www.mbfpreventioneducation.org/learn-more/kind-vibes/>

Digital booklet from Linda Chamberlain and ConnectionsMatter.org for talking about stress, trauma and resilience with children: https://static1.squarespace.com/static/5552947de4b0471a840f9e27/t/5839ea6915d5db6612f542b7/1480190571654/CM-Booklet_Digital_v5.pdf

KENTUCKY - BASED RESOURCES:

In-School Curriculum on digital and internet safety - *Exploited Children's Help Organization, Louisville* - email: echolou@aol.com

In-School prevention programs - *Family Nurturing Center of Northern KY, Florence* -

<http://familynurture.org/programs-of-family-nurturing-center-/kids-on-the-block/>

In-School curriculum on violence prevention, abuse prevention, internet safety, bully prevention and more - *New Beginnings Sexual Assault Support Services, Owensboro* - www.nbowensboro.org/education-programs/

In-School curriculum on body safety and child abuse prevention - *St. Joseph Children's Home, Louisville* -

email: christinam@sjkids.org

Talking Points

- April is Child Abuse Prevention Month, a time to celebrate the good our communities do to keep kids healthy and safe.
- The blue and silver pinwheel is the national symbol for child abuse prevention. During April, we take part in the pinwheel campaign to share our desire to see safe and happy childhoods for all kids in our community.
- The pinwheel is used to represent the bright future we want for you! All children deserve a safe and healthy childhood.
- The pinwheel is a reminder for everyone to take actions towards helping families and children stay safe. If someone you know is in trouble, tell a trusted adult today.
- Identify at least one trustworthy, caring adult, more if possible, who you can talk to if you are upset, in trouble, or scared.
- This is a time to celebrate families and children.
- The pinwheel symbolizes the wish for a safe, healthy and positive childhood for all children. Think about ways you can be a positive role model for your friends and other kids you know.

#CommitToPrevent
#CAPM2019