



# KIDS ARE WORTH IT!<sup>®</sup> Conference

## Workshop Descriptions

Please note that workshops with an asterisk\* are designated for the Law Enforcement track.

### **1. Boys and Men Healing – from child sexual abuse**

Jeffery A. Hancock, Department of Criminal Justice Training

*Boys and Men Healing* is a documentary about the impact the sexual abuse of boys has on both the individual and society, and the importance of healing and speaking out for male survivors to end the devastating effects. The film portrays courageous non-offending men whose arduous healing helped them reclaim their lives—while giving them a powerful voice to speak out, and take bold action toward prevention for other boys.

### **2: A Common Goal: Prosecution/System-Based Victim Advocates & Community Based Victim Advocates Working Together to Create Safe Families**

Sara Gibson-West, Office of the Attorney General/Office of Victims Advocacy

This workshop will discuss what an advocate is, the similarities and differences between prosecutor/criminal justice system based advocates and community/non-profit based advocates, and the challenges and benefits to working together.

### **3. Faith-based Discipline**

Reverend Dr. Don Vanzant, The Gathering Christian Church

Faith-based parenting has often been characterized by a list of “Thou shalt not’s” with punishments following. But the godly goal is not about punishment, but is to teach children over the years how to be responsible and happy adults. This requires sacrifice from the parent/parents and understanding of how God has made us. This presentation will join core truths of Christianity with practical knowledge of how to use actions and natural consequences to raise well-balanced kids.

### **4. Substance Abuse and the Family: How to Effectively Impact the Family System.**

Geoff Wilson, LCSW, CADC, The Ridge Behavioral Health System

This workshop will address the difficulties that typically exist for the helping professional attempting to provide services to a child/adolescent living in a substance abusing family

system. The Systems Theory approach will be reviewed, along with engagement techniques and referral options for individual and family services.

**\*5. Child Sexual Abuse: Myth Versus Reality**

Dr. Jacqueline Sugarman, M. D., University of Kentucky; Children's Advocacy Center of the Bluegrass

This workshop will address common misconceptions regarding the medical examination of the sexually abused child. Recent studies and research will be discussed that refute some of the myths regarding medical findings and the medical examination in child sexual abuse and support the (sometimes surprising) realities.

**6. A Family In Jail: How We Can Support Children, Caregivers, and the Incarcerated Family Member**

Vicki Kinnaird, Bluegrass Community Action Project

State and national statistics continue to show there is a need to support families when a family member is incarcerated. The Sunshine Center provides parenting classes to incarcerated women and men at the Franklin County Regional Jail. Blue Grass Head Start has developed CAFI (Children and Families of Incarceration) to support children, families and caregivers dealing with incarceration. Families talk about the difference these programs have made in their lives and what they wish society knew about them.

**7. Parental Capacity Assessment**

**Paul A. Ebben, Psy.D., Insight Psychological Consultants**

The focus of the presentation will be interviewing techniques and objective inventories used to perform parenting capacity examinations for court. Report writing and preparation for testimony will also be covered, as will some common ethical and legal issues relevant to such examinations.

**\* 8. Proactive Investigations on the Internet: The Apprehension of a Child Predator**

Detective Jack Morgan, Kentucky State Police Electronic Crime Branch

Every second a child is sexually exploited online. Law enforcement is taking proactive measures to combat this problem. This presentation will reveal the methods used by the Kentucky State Police Electronic Crime Branch to prevent child abuse and how other agencies can assist.

**9. Making Fatherhood Normal, because Kids Are Worth It (the positive effects of engaging fathers)**

Neil Brents and Shawn Gardner, 2NOT1 Fatherhood & Families

In providing services to families, the importance of fathers is often understated and overlooked. This presentation addresses the need to engage fathers related to the safety and well-being of children. It will also paint the picture of what a father normal society

would look like and how it would provide children with the tools to have a brighter future.

### **10. Top 10 Things This Prosecutor Learned the Hard Way (about child sexual abuse prosecution)**

Hon. Dana M. Todd, Assistant Commonwealth's Attorney

Ever wish someone could just TELL you what you need to know when dealing with child sexual abuse investigations and criminal cases? This seminar will give you a prosecutor's perspective of typical problems and pitfalls and how to avoid them by taking concrete steps to prepare for and recover from common problems. Presented in a humorous and real-life top-ten format.

### **11. Preventing Pediatric Abusive Head Trauma**

Kate Dean and Joel T. Griffith, Prevent Child Abuse Kentucky

Pursuant to the passage of House Bill 285 (HB 285), training on the recognition and prevention of Pediatric Abusive Head Trauma (aka – shaken baby syndrome) is mandated for many professionals such as licensed social workers, day care operators and employees, nurses, law enforcement officers, etc. The training is intended to assist in preventing Pediatric Abusive Head Trauma by providing information on the risk factors, diagnostic indicators and keys to soothing a crying infant. This session will allow attendees to be in compliance with the mandated education, as well as provide information and resources regarding the implementation of HB 285.

### **12. Advocacy for Children: Principles that Work From Town Hall to Capitol Hill**

Michelle Sanborn, Children's Alliance

Have you ever felt your voice or vote doesn't matter? Do you believe politics and child welfare issues should be kept separate? Learn how your voice is vital to the improvement of the foster care system. Not only will participants leave feeling well educated and more confident in their ability to be effective child advocates, but they will be empowered, motivated and energized to become more active in advocating for children in care. Be a part of change.

### **13. Little Ears in a Big World Part 1**

(Participants must register for Part 1 and 2 of this workshop)

Shawna D. Thomerson, Clark County Health Department

Little Ears in a Big World will focus on effective communication with children, specifically communication between parents/caregivers/professional and children. The session will explore what communication is and how it impacts the development and nature of relationships. Professionals will be provided with tools for effective communication with children from infancy through preschool years. Professionals will also be able to share with parents, effective strategies and realistic expectations to aid in family communication. Topics covered during the session will include language development from birth to age five, strategies to help children be better listeners through

our communication with them, and the impact of communication on behaviors of children.

#### **14. Prescription Drug Abuse and Kids**

Dan Smoot, Operation UNITE

Operation UNITE uses a three prong approach to combat the drug epidemic in Southern and Eastern Kentucky. UNITE offers Enforcement, Treatment and Education to communities within the 5<sup>th</sup> Congressional District. Prescription drug abuse is currently the biggest problem within our region. This presentation will include ways to deter, prevent and educate those affected by the massive diversion of prescription medication.

#### **15. The Grant County CPPC Experience: Better results for children & families**

Kate Goodenough-Hackett, Cabinet for Health and Family Services; Laura Kinney, LCSW, Women's Crisis Center; and Marylee Willoby, Grant County Coroner

Keeping Children Safe is Everyone's Business! Participants will learn the story of Grant County's successful community partnership for protecting children. Shared will be strategies that are anchored in collaborative best-practices toward achieving improved outcomes for children and families. Best practices include (Facilitated) Family Team Meetings; routine convening of domestic violence/child protective services with judges, law enforcement; parent/relative supports; and other practices that prevent children from entering foster care.

#### **16. Frequently Asked Questions: Child Sexual Abuse Prosecutions 101**

Hon. Dana M. Todd, Assistant Commonwealth's Attorney

For those who do not work in the criminal justice system, the jargon and thought processes of lawyers and judges can be insanely confusing! Here is your chance to ask any and all "dumb" questions—anything from "What's a grand jury subpoena duces tecum" to "When is 12 months different from a year?" Presenter will offer basic information and provide handouts. We'll cover as much as we can to answer everything you ever wanted to know but were afraid to ask!

#### **\* 17. Suspect Interrogations in Child Abuse Investigations**

Sgt. Jesse T. Harris, Lexington Division of Police

Suspect Interrogations in Child Abuse Investigations is designed to offer an overview of successful interview and interrogation strategies commonly used in the investigation of child physical and sexual abuse. During this training the participants will receive information on distinguishing an interview from an interrogation, observed behavioral or non-verbal indicators of deception common to suspects, and preferred methods of documenting admissions or confessions.

### **18. Breaking Down Barriers—A Community Collaboration to Assist Adolescents to Success**

Officer Buddy Flora, WCHS Resource Officer; Jill Hargis, MSW, CSW, Woodford County District Office; Sara Swinford, MSW, CSW, WCHS Social Worker; Patricia Adams, BSW, DCBS FSOS in Woodford County

This workshop focuses on developing strong relationships with community partners to provide adolescents with community resources to address identified concerns.

### **19. Little Ears in a Big World Part 2**

(Participants must register for Part 1 and 2 of this workshop)

Shawna D. Thomerson, Clark County Health Department

Little Ears in a Big World will focus on effective communication with children, specifically communication between parents/caregivers/professional and children. The session will explore what communication is and how it impacts the development and nature of relationships. Professionals will be provided with tools for effective communication with children from infancy through preschool years. Professionals will also be able to share with parents, effective strategies and realistic expectations to aid in family communication. Topics covered during the session will include language development from birth to age five, strategies to help children be better listeners through our communication with them, and the impact of communication on behaviors of children.

### **\* 20. Innocent Images National Initiative in Kentucky**

Special Agent Kimberly Kidd and Nichole Dathorne, Federal Bureau of Investigations

This presentation will provide the student with knowledge and information of the federal system as it relates to the Innocent Images National Initiative. Case preparation along with evidence expectations will be discussed from a federal investigation perspective. The student will be provided insight regarding federal law and expectations from the federal system for prosecution. The student will also gain an understanding of how the federal system works with victims of federal crimes and what resources are available to them during and after the investigation.

### **21: Permanency for All Youth: Who Wouldn't Want a Family? Part 1**

(Participants must register for Part 1 and 2 of this workshop)

Susan H. Badeau, Casey Family Programs and Teresa James, Cabinet for health and Family Services

An interactive workshop to reinforce the importance of permanency for youth, as well as teach about evidence-based practices that lead to permanency. Participants will learn skills for engaging families, supporting youth voice and creating permanency, which can be applied to their daily practice in a variety of settings, and which can also be applied to community advocacy, policy-development, outreach and public will-building initiatives.

## **22. Dealing with Difficult People: Their Behavior - Your Response**

Ted A. Marshall, Professor Emeritus, Morehead State University

All of us are presented with difficult people and challenging situations. This workshop will offer insight into those with whom we find difficult and frustrating. Skills to understand and prevent volatile escalations will be presented. We will explore why we react the way we do, sometimes in a counter-productive manner. Changing negative, hurtful emotions to feelings and behaviors that are more positive and enhancing will be presented.

Even though dealing with serious issues, the workshop will be upbeat and energizing.

## **23. Grantsmanship 101**

Tanya Dickinson, Kentucky Justice and Public Safety Cabinet, Grants Management Branch

Pursuing grant funds can be both a rewarding and intimidating proposition for an agency and its staff. Pre-application preparations, thorough proposal development, and follow-up will help organizations and individuals prepare for the most challenging aspect of it all – managing the project after award!

## **24: Self Care for Everyday Heroes Part 1**

(Participants must register for Part 1 and Part 2 of this workshop series)

Carol Whipple, M.S., Family Counseling Service, Inc. (Please note this workshop is limited to the first 30 registrants.)

This workshop is for those who care deeply about others, but quite frequently do not offer themselves that same level of attention and care. To provide quality care to others, we must also prioritize time and energy for ourselves.

## **25. What's Race Got to Do with It? An Honest Conversation About the Impact of Racism on the Child Welfare System**

Carol Taylor, MSW, University of Kentucky College of Social Work Training Resource Center

There is a big pink elephant in the living room of the child welfare system that has an impact on us all: racism. We see it everyday and we walk around it on a daily basis. The question is: **what can we do about it?** This workshop will provide a safe environment for people to have an honest conversation about race, learn how it affects the entire child welfare system and ways that organizations can effectively address it.

## **26. The Choking Game**

Sergeant Scott Harvey, Nicholasville Police Department

The choking game is not a new thing, but it is being taken to new and more dangerous levels by our kids. We educate our kids about all kinds of things that

hurt them, but they never hear about the dangers of this potentially deadly “game”. This powerful presentation unveils the damage caused by this activity and is geared toward the middle/high school crowd. It is also potentially life-saving information for parents and educators as well.

When we equip our children, parents, and educators with the facts about this “game”, we stand a much better chance of stopping it.

### **27: Permanency for All Youth: Who Wouldn't Want a Family? Part 2**

(Participants must register for Part 1 and 2 of this workshop)

Susan H. Badeau, Casey Family Programs and Teresa James, Cabinet for health and Family Services

An interactive workshop to reinforce the importance of permanency for youth, as well teach as to evidence-based practices that lead to permanency. Participants will learn skills for engaging families, supporting youth voice and creating permanency, which can be applied to their daily practice in a variety of settings, and which can also be applied to community advocacy, policy-development, outreach and public will-building initiatives.

### **28. Bruises are More Than Just Boo-boos in Child Abuse Prevention**

Justine O'Flynn, RN, Kosair Children's Hospital

Discriminating differences exist in bruising characteristics for abusive verses accidental trauma. The body region and age based bruising sensible screening tool to identify young children who require further evaluation for abuse.

### **29. Breaking Down Walls to Help Build Brighter Futures**

LaRonda Davis, Cabinet for Health and Family Services

Bringing families to the table has become a more integral part of child welfare systems in many agencies across the country. Birth Parents' unique perspectives and support to families is helping to improve family outcomes. This workshop will give an overview the Jefferson County Parent Advocate Program best practices and strategies and highlight the importance of engaging parents. Workshop participant will hear from parents advocates about what they believe is important in engaging families and the parent advocate program coordinator will be present to discuss barriers to engagement works (i.e. lack of funding, staff by in).

### **30: Self Care for Everyday Heroes Part 2**

(Participants must register for Part 1 and Part 2 of this workshop series)

Carol Whipple, M.S. Family Counseling Service, Inc. (Please note this workshop is limited to the first 30 registrants.)

This workshop is for those who care deeply about others, but quite frequently do not offer themselves that same level of attention and care. To provide quality care to others, we must also prioritize time and energy for ourselves.

**\* 31. CyberSafeKY**

Todd E. Leatherman, Office of Attorney General, Division of Consumer Protection

The program is a one-hour presentation on dangers in the online environment such as internet sex predators, cyberbullying, social networking and identity theft. The presentation uses videos portraying events that lead to young people becoming a victim of predators and cyberbullying. It includes information on how predators “groom” their victims, warning signs of child solicitation online, examples of social networking, and statistics on the number of children targeted by sexual predators and cyberbullying,

**32. Meth 101**

Lt. David Jude, Kentucky State Police

This session will look at a new wave of an old drug that is spreading across Kentucky. We will look at the dangers of Methamphetamine, how it is made and the problems that it presents for all workers. This session will address areas of concern for the worker and how we can better protect ourselves when encountering this drug.

**33: Project MATCH (Making Appropriate and Timely Connections for Children)**

Caroline Crump, Murray State University Training Resource Center and Mike Grimes, Cabinet for Health and Family Services Department for Community Based Services

The Department for Community Based Service (DCBS) has partnered with the University of Louisville, the University of Kentucky and Murray State University on a 5 year \$2 million project funded by a Children's Bureau Discretionary Grant entitled **Project MATCH (Making Appropriate and Timely Connections for Children)**. We have identified the long term goals of increasing the safety, permanency and well-being of children in Out Of Home Care (OOHC) in Kentucky. Short terms goals include, increasing the pool of resource parents (both public and private); increasing the effectiveness in locating and using appropriate kinship care; fully integrating concurrent planning into permanency planning and 4) increasing inter- and intra-agency communication between DCBS, private agencies and community stakeholders. The project is designed to take a comprehensive, multifaceted approach that is integrated into the overall service delivery system in Kentucky.

**\* 34. Joint Investigations: The Team Approach**

Trooper First Class Mack Rayburn, Kentucky State Police Academy and Heather Simpson, Cabinet for Health and Family Services

This block of instruction will be directed toward the beginner to intermediate level investigators for social services and law enforcement. The course will provide them with direction on what their roles and responsibilities will be when conducting a joint investigation into child abuse. The course will also cover the benefits of conducting a joint investigation.

**35. The Medical Side of Child Neglect 101**

Melissa L. Currie, M.D., University of Louisville Division of Forensic Medicine

Recognition, assessment, and diagnosis of medical neglect can be a particularly challenging area for non-medical investigators. The purpose of this session is to clearly define what we mean by "medical neglect" in the context of a child with a chronic illness (such as poorly-controlled asthma, diabetes, or cystic fibrosis). We will then discuss a model for working across disciplines to assess these children and their families to 1) determine whether or not neglect is occurring and 2) to manage the case with the help of "contracts" with the patient's caregivers. We will pay particular attention to Failure to Thrive as one of the most common signs of neglect in infants and toddlers. If time allows, we will have a group discussion about the emerging issue of childhood obesity---when does it constitute medical neglect? Audience participation is encouraged throughout the presentation.

### **36. Adolescent Suicide Prevention**

Marlene Belew Huff, PhD, LCSW, University of Kentucky Division of Adolescent Medicine

The *Adolescent suicide: Facts, fears, and feelings* presentation will provide the audience with facts about suicide in Kentucky, myths, facts, and common beliefs about suicide, and ways to communicate with adolescent about this often difficult topic.

### **37. Getting Confessions from child abuse suspects**

Chief Matt Sparks, Morehead State University Police

This workshop will provide participants with interviewing techniques which aid in obtaining confessions and/or admissions of child abuse perpetration.

### **38: Narcotics Identification and Recognition**

Retired Captain Dwayne F. Depp (KSP), Prevent Child Abuse Kentucky

This course will provide the students with specific information that will assist them in identifying narcotics in their community. Topics such as; Understanding the illegal drug trade; Where do drugs come from; Signs and Symptoms of Drug Use; and Tips to keep your kids safe will be discussed. The class is intended to stimulate discussion and generate information sharing among the instructor and participants. Information gathered from growing up with a sibling addicted to drugs along with KSP experience as a narcotics detective to information obtained from documentaries and research will be used to present this course.

### **39. Evidence-Based Treatment, Residential Care, and the Achievement of Permanency**

David E. Hanna, Ph.D, Bluegrass Regional Mental Health/Mental Retardation Board, Inc.

This workshop will discuss issues surrounding the role of residential care in the achievement of permanency. Research relating to outcomes for residential care will be reviewed and the strengths and limitations of evidence-based treatments applied to child

protection populations in residential settings will be covered. The types of treatments that are best delivered in residential programs, setting achievable goals for discharge for residential treatment, and family involvement with children in residential settings will be discussed.

#### **40. Home Visiting Safety—The 5 Critical Areas for Planning for Your Safety**

Lt. David Jude, Kentucky State Police

This interactive session will examine the changes that our world has made over the last few generations and will highlight the need for home visitation safety training. This session will break down the five critical areas when planning for a home visit and will outline steps that professionals can take to increase their safety. Participants will also learn methods for managing angry people and some of the legalities associated with personal safety.

#### **\* 41: Human Trafficking: A Crime Against America's Youth**

Marissa Castellanos, Catholic Charities of Louisville and Gretchen Hunt, Cabinet for Health and Family Services

This course will cover the scope of the problem of human trafficking, how to identify Trafficking victims in Kentucky, and the specific needs of Domestic minors in sex trafficking and minors in labor trafficking. Participants will learn ways to work effectively with survivors and the benefits and resources available in the community.

#### **42. Grandparents/Relatives Raising Children: Facilitating a Support Group**

Nancy Powell, Community Partnerships for Protecting Children

This presentation will explore the needs and issues of Grandparents/Relatives raising children, how to organize a community support group, and developing strategies for building effective community collaborations to provide program and funding.

#### **43. Medical Evaluation and Assessment of Child Maltreatment in Children Under 3 Years of Age**

Melissa L. Currie, M.D., University of Louisville Division of Forensic Medicine

A highly visual\* presentation with photographs of common inflicted physical injuries. Presenter will discuss common mechanisms of injury and will also review some common mimics of child physical abuse. \*Note: Some photographs contain graphic images that may be disturbing to some audience members.