



PREVENT CHILD ABUSE
KENTUCKY

Tips for the Trouble Spots

Making Shopping with your Kids Easier

Plan Ahead

Check attitudes. Is your child too tired or hungry to shop? Are you? If so, postpone your trip or find a sitter.

Agree on rules before entering the store. “Stay close to me.” “Use your quiet voice.”

Agree on rewards for good behavior: Keep it simple—choice of one snack food, a stop at the park. Promise to read a book or play a game at home.

At The Store

Make a Game Of It. Who can see the drug store or shoe store first? Who is wearing green? Which store name begins with a T? (A-B-C-etc.)

Choices. When possible, allow your child to make shopping decisions. “Blue or red socks?”

Play. Say, “I see something.” Ask the child to guess what it is.

Praise Your Child. “You are so helpful!” “You are making good choices today.”

If All Else Fails

Remember: Kids will be kids, they are not perfect!

- Ignore inappropriate behavior unless it becomes dangerous, destructive or embarrassing to you or annoying to others.
- Remove a child who is out of control. Take him to the restroom or out to the store. Tell him quietly, eye to eye, that his behavior is totally unacceptable.
- Wait, saying nothing else, for the child to calm down. Then, ask if he is ready to try again.
- Go home if the child cannot calm down. Find a sitter and return alone.

For more information, call 1-800-CHILDREN (1-800-244-53736.)

Understanding the Most Important Grade

Tips at Report Card Time

- **Sit Down** with your child and look over the report card.
- **Praise Your Child.** Find at least one good thing: attendance, no tardies, etc.
- **Be Calm!** Let your child tell you about the grades.
- **Ask** how you can help you child do better.
- **Make a Plan** with your child’s teacher and your child to do better.

For help or more information, call 1-800-CHILDREN (1-800-244-53736.)

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